

A better path forward

Genomind Pharmacogenetic Report (24 genes)

Patient:	Bob Sample	Sample ID:	0000096272
Patient DOB:	12/25/1985	Accession ID:	10101010
Ordering Clinician:	Joe Clinician	Sample Collection Date:	2/10/2022
Sample Type:	Buccal	Sample Received Date:	2/14/2022
Assay Ordered:	Genomind PGx (24)	Report Date:	2/16/2022 10:17 AM

Electronically Signed By

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The Genomind PGx Report is intended to provide genetic information to healthcare professionals which may aid in the selection of appropriate medications for individuals with mental illness and other brain disorders. This 24 gene report is designed to be adjunctive to a complete patient assessment, including but not limited to proper diagnosis, clinical history, assessment of concomitant co-morbidities and medications, family history, and other factors. Additional information may be found by consulting the Prescribing Information of various FDA-approved medications, or other relevant resources such as the FDA's Table of Pharmacogenomic Biomarkers in Drug Labeling.

Personalized Consultation Available for Clinicians

A complimentary consultation, performed by our expert psychopharmacologists, is included with all Genomind PGx Reports. Consultations can be scheduled directly from the [Genomind Precision Health Platform](#).

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Disclaimer: The following report provides a summary of the pharmacokinetic and pharmacodynamic gene variants which may impact medications that are commonly used in individuals with mental illness or other brain disorders. This report is intended to serve as a guide for health care professionals to assist in the selection of safe and appropriate medications based on an individual patient's genetics. The Diagnosis Summary section is not intended to be diagnostic, or to make recommendations for specific drugs; it is intended to summarize the gene-drug associations described in previous sections of this report into an easy-to-understand table. Prescribers should be familiar with the approved indications, warnings, precautions and other sections of the drug manufacturer's prescribing information. Any decisions to prescribe or change medications should only be made in the prescriber's professional judgment in consideration of the patient's medical history and other relevant sources of information, such as FDA-approved drug labeling, clinical literature, and practice guidelines. Prescribers should not rely solely on this report in making decisions to prescribe or change a patient's medications.

The inclusion of genes in this report is based on information obtained from publically available publications of gene-drug associations, including FDA Prescribing Information, consortia guidelines such as Clinical Pharmacogenetic Implementation Consortium and PharmGKB guidances, and peer-reviewed medical literature. The understanding of the relationship between specific genes and pharmacokinetics and pharmacodynamics changes periodically; this report will not be updated to reflect new information. A White Paper summarizing individual gene-drug associations, strength of evidence and effect size is available upon request from Genomind Customer Service.

*Diagnosis specific summaries are available for the diagnoses of depression, anxiety & related disorders, bipolar disorder, pain management and ADHD. The provided pages in this report are the closest fit for this individual's diagnosis, as provided to us. All 5 summaries, however, are available to you on the [Genomind Precision Health Platform](#).

I. PHARMACODYNAMIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
SLC6A4 L(A)/L(A) [High Activity]	<p>Serotonin Transporter (SLC6A4) is a synaptic transporter protein responsible for serotonin reuptake</p> <ul style="list-style-type: none"> Patients with the L(A)/L(A) genotype may have improved likelihood of remission and/or reduced side effects with SSRIs 		Therapeutic options: SSRIs if clinically indicated
MTHFR C677T: C/T A1298C: A/C [Low to intermediate activity]	<p>Methylenetetrahydrofolate Reductase (MTHFR) is an enzyme responsible for the conversion of folic acid to methylfolate, which is a cofactor needed for serotonin, norepinephrine, and dopamine synthesis</p> <ul style="list-style-type: none"> Risk for reduced MTHFR enzyme activity and reduced methylfolate production L-methylfolate supplementation of SSRIs and SNRIs may result in greater symptom reduction compared to SSRIs/SNRIs alone in major depressive disorder L-methylfolate may be an effective monotherapy for patients with major depressive disorder 		Therapeutic options: L-methylfolate may be used if clinically indicated
ADRA2A C/C [Decreased response]	<p>Alpha-2 Adrenergic Receptor (ADRA2A) is a receptor which plays an important role in norepinephrine signaling</p> <ul style="list-style-type: none"> ADRA2A is involved in response to stimulants (most studies associated with methylphenidate) This genotype is associated with a reduced response to methylphenidate for symptoms of attention deficit/hyperactivity disorder in children and adolescents 		Assess alternatives to methylphenidate for attention deficit/hyperactivity disorder if clinically appropriate
HLA-A *31:01 Positive [Increased risk of skin reactions]	<p>Major histocompatibility complex, class I, A (HLA-A) is part of a cluster of genes known as the Human Leukocyte Antigen complex</p> <ul style="list-style-type: none"> Certain variants greatly increase risk of drug induced skin reactions including Stevens–Johnson syndrome/toxic epidermal necrolysis (SJS/TEN), drug reaction with eosinophilia and systemic symptoms (DRESS), and maculopapular exanthema (MPE) This genotype is associated with increased risk of skin reactions with carbamazepine https://cpicpgx.org/guidelines/guideline-for-carbamazepine-and-hla-b/ 		Do not initiate carbamazepine
MC4R A/A [High weight gain risk]	<p>Melanocortin 4 Receptor (MC4R) is a receptor that plays a central role in the control of food intake</p> <ul style="list-style-type: none"> Risk of increased weight gain and metabolic changes with 2nd generation antipsychotics <p>Higher risk: clozapine; olanzapine Medium risk: aripiprazole; brexpiprazole, iloperidone; paliperidone; quetiapine; risperidone Lower risk: asenapine; cariprazine; lurasidone; ziprasidone</p>	 	Higher risk of weight gain and metabolic changes with various 2nd generation antipsychotics Anti-obesity interventions may be used if clinically indicated
HTR2A G/G [Normal response]	<p>Serotonin Receptor 2A (HTR2A) is a serotonin receptor which is a target for several serotonergic drugs</p> <ul style="list-style-type: none"> This genotype confers normal activity 		No known significant clinical impact
BDNF Val/Val [Normal activity]	<p>Brain-derived Neurotrophic Factor (BDNF) is a protein involved in neuronal development and neural plasticity</p> <ul style="list-style-type: none"> This genotype confers normal activity 		No known significant clinical impact



I. PHARMACODYNAMIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
COMT Val/Met [Normal activity]	<p>Catechol-O-Methyltransferase (COMT) is an enzyme responsible for breakdown of dopamine in the frontal cortex of the brain</p> <ul style="list-style-type: none"> COMT is involved in response to stimulants This genotype confers normal activity 		No known significant clinical impact
HLA-B *15:02 Negative [Normal]	<p>Major histocompatibility complex, class I, B (HLA-B) is part of a cluster of genes known as the Human Leukocyte Antigen complex</p> <ul style="list-style-type: none"> Certain variants greatly increase risk of drug induced skin reactions This genotype is associated with normal risk of skin reactions with carbamazepine, oxcarbazepine, phenytoin and fosphenytoin 		Normal risk of skin reactions with carbamazepine, oxcarbazepine, phenytoin/fosphenytoin
DRD2 C/C [Normal activity]	<p>Dopamine Receptor D2 (DRD2) is a receptor activated by dopamine in the brain</p> <ul style="list-style-type: none"> DRD2 is involved in response to antipsychotics This genotype confers normal activity 		No known significant clinical impact
5HT2C C/C [Standard weight gain risk]	<p>Serotonin Receptor 2C (5HT2C) is a receptor involved in the regulation of satiety</p> <ul style="list-style-type: none"> Some 2nd generation antipsychotics act by blocking this receptor Patients with the C/C genotype have standard risk of weight gain with 2nd generation antipsychotics. C/C is the most common genotype <p>Higher risk: clozapine; olanzapine Medium risk: aripiprazole; brexpiprazole; iloperidone; paliperidone; quetiapine; risperidone Lower risk: asenapine; cariprazine; lurasidone; ziprasidone</p>		Assess weight gain risk with various second generation antipsychotics
ANK3 C/C [Normal activity]	<p>Sodium Channel (ANK3) is a protein that plays a role in sodium ion channel function and is involved in excitatory signaling in the brain</p> <ul style="list-style-type: none"> This genotype confers normal activity 		No known significant clinical impact
CACNA1C G/G [Normal activity]	<p>Calcium Channel (CACNA1C) is a subunit of L-type voltage gated calcium channels which are involved in excitatory signaling in the brain</p> <ul style="list-style-type: none"> This genotype confers normal activity 		No known significant clinical impact
OPRM1 A/A [Normal activity]	<p>μ-Opioid Receptor (OPRM1) is an opioid receptor which is affected by endogenous and exogenous opioids</p> <ul style="list-style-type: none"> OPRM1 is involved in response to opioids This genotype confers normal activity 		No known significant clinical impact
GRIK1 A/A [Normal activity]	<p>Glutamate Receptor Kainate 1 (GRIK1) is an excitatory neurotransmitter receptor</p> <ul style="list-style-type: none"> GRIK1 is involved in response to topiramate for alcohol abuse Patients of European descent with the A allele may be less likely to respond to topiramate for alcohol use disorder; future studies, however, are needed to confirm these findings 		No known significant clinical impact



Alert/Caution



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II. PHARMACOKINETIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
CYP2B6 PM *6/*6 [Low activity]	Poor metabolizer: Risk of elevated serum levels & drug interactions, or decreased production of active metabolites <ul style="list-style-type: none"> A dose adjustment or alternate therapy may be considered 		Be advised that there may be altered exposure to medications metabolized by CYP2B6 Use GenMed Pro for a more complete drug-gene-environment interaction assessment
CYP2D6 PM *4/*4 [Low activity]	Poor metabolizer: Risk of elevated serum levels & drug interactions, or decreased production of active metabolites <ul style="list-style-type: none"> A dose adjustment or alternate therapy may be considered 		Be advised that there may be altered exposure to medications metabolized by CYP2D6 Use GenMed Pro for a more complete drug-gene-environment interaction assessment
CYP1A2 EM *1A/*1A [Normal activity]	Variations in the CYP1A2 liver enzyme can result in altered drug metabolism and unexpected drug serum levels <ul style="list-style-type: none"> This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism) Use GenMed Pro for a more complete drug-gene-environment interaction assessment
CYP2C9 EM *1/*1 [Normal activity]	Variations in the CYP2C9 liver enzyme can result in altered drug metabolism and unexpected drug serum levels <ul style="list-style-type: none"> This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism) Use GenMed Pro for a more complete drug-gene-environment interaction assessment
CYP2C19 EM *1/*1 [Normal activity]	Variations in the CYP2C19 liver enzyme can result in altered drug metabolism and unexpected drug serum levels <ul style="list-style-type: none"> This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism) Use GenMed Pro for a more complete drug-gene-environment interaction assessment



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II. PHARMACOKINETIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
CYP3A4 *1/*1 CYP3A5 *7/*3 [Normal activity]	Variations in the CYP3A4/5 liver enzymes can result in altered drug metabolism and unexpected drug serum levels <ul style="list-style-type: none"> 3A5 non-expresser CYP3A activity is determined by the sum activity of the CYP3A family of genes; in adults the most influential are 3A4 and 3A5 This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism) Use GenMed Pro for a more complete drug-gene-environment interaction assessment
UGT1A4 EM *1a/*1a [Normal activity]	Variations in the UGT1A4 liver enzyme can result in altered drug metabolism and unexpected drug serum levels <ul style="list-style-type: none"> This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism) Use GenMed Pro for a more complete drug-gene-environment interaction assessment
UGT2B15 EM *1/*1 [Normal activity]	Variations in the UGT2B15 liver enzyme can result in altered drug metabolism and unexpected drug serum levels <ul style="list-style-type: none"> This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism) Use GenMed Pro for a more complete drug-gene-environment interaction assessment
ABCB1 (rs2032583) A/A [Normal activity]	ATP Binding Cassette B1 (ABCB1) encodes for P-glycoprotein (P-gp). P-gp is a drug efflux pump that reduces the intestinal absorption and blood-brain barrier penetration of certain drugs <ul style="list-style-type: none"> This genotype is associated with normal activity of P-gp and normal drug absorption 		Normal exposure is expected (other factors may influence drug exposure) Use GenMed Pro for a more complete drug-gene-environment interaction assessment
ABCB1 (rs1045642) G/G [Normal activity]	ATP Binding Cassette B1 (ABCB1) encodes for P-glycoprotein (P-gp). P-gp is a drug efflux pump that reduces the intestinal absorption and blood-brain barrier penetration of certain drugs <ul style="list-style-type: none"> This genotype is associated with normal activity of P-gp and normal drug absorption 		Normal exposure is expected (other factors may influence drug exposure) Use GenMed Pro for a more complete drug-gene-environment interaction assessment



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III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ANTIDEPRESSANTS					
SSRIs	 Citalopram (Celexa®)	 Higher odds of remission or response	SLC6A4		2C19, P-gp
	 Escitalopram (Lexapro®)	 Higher odds of remission or response	SLC6A4		2C19, P-gp
	Fluoxetine (Prozac®)	 Higher odds of remission or response	SLC6A4	↑	2D6, 2C9
	 Fluvoxamine (Luvox®)	 Higher odds of remission or response	SLC6A4	↑	2D6, 1A2, P-gp
	 Paroxetine (Paxil®)	 Higher odds of remission or response	SLC6A4	↑	2D6, P-gp
	 Sertraline (Zoloft®)	 Higher odds of remission or response	SLC6A4	↑	2C19, 2B6, P-gp
SNRIs	Desvenlafaxine (Pristiq®)				
	Duloxetine (Cymbalta®)			↑	1A2, 2D6
	Levomilnacipran (Fetzima®)				3A4/5
	 Venlafaxine (Effexor®)			↑	2D6, 2C19, 3A4/5, P-gp
Other	Bupropion[1] (Wellbutrin®)			↑	2B6
	Esketamine (Spravato®)			↑	2B6
	Mirtazapine (Remeron®)			↑	2D6, 3A4/5, 1A2
	Nefazodone				3A4/5
	Trazodone (Desyrel®, Oleptro®)			↑	3A4/5, 2D6
	Vilazodone (Viibryd®)				3A4/5
	 Vortioxetine (Trintellix®)			↑	2D6, 3A4/5



Alert/Caution



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Reduced Drug Exposure with 1A2 Inducers



Drug Exposure



[1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ANTIDEPRESSANTS					
TCAs	 Amitriptyline (Elavil®)			↑	2D6, 2C19, P-gp
	 Amoxapine (Asendin®)			↑	2D6
	 Clomipramine (Anafranil®)			↑	2D6, 1A2, 2C19
	 Desipramine (Norpramin®)			↑	2D6
	 Doxepin (Sinequan®)			↑	2D6, 2C19
	 Imipramine (Tofranil®)			↑	2D6, 2C19
	 Nortriptyline (Pamelor®)			↑	2D6, P-gp
	 Protriptyline (Vivactil®)			↑	2D6
	 Trimipramine (Surmontil®)			↑	2D6, 2C19, P-gp
MAOIs	Phenelzine (Nardil®)				
	Selegiline (Eldepryl®, Emsam®)			↑	2B6
	Tranylcypromine (Parnate®)				
MOOD STABILIZERS/ANTICONVULSANTS					
 	Carbamazepine (Equetro®, Tegretol®)	 Do not initiate therapy: Higher risk of drug induced skin reactions	HLA-A		3A4/5
	Gabapentin (Neurontin®)				
	Lamotrigine (Lamictal®)				UGT1A4
	Lithium (Lithobid®, Eskalith®)				
 	Oxcarbazepine (Trileptal®, Oxtellar®)				
	Pregabalin (Lyrica®)				
	Topiramate (Topamax®)				P-gp
	Valproate (Depakote®, Depakene®)				2C9

 Alert/Caution  PGx Guided Options  Reduced Drug Exposure with 1A2 Inducers  Drug Exposure

  [1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ANTIPSYCHOTICS					
2nd Generation Antipsychotics	 Aripiprazole (Abilify®)	 Higher risk of weight gain	MC4R	↑	2D6, 3A4/5, P-gp
	Asenapine (Saphris®)				1A2, UGT1A4
	 Brexpiprazole (Rexulti®)	 Higher risk of weight gain	MC4R	↑	2D6, 3A4/5
	Cariprazine (Vraylar®)				3A4/5
	Clozapine (Clozaril®)	 Higher risk of weight gain	MC4R	↑	1A2, 2D6, P-gp
	 Iloperidone (Fanapt®)	 Higher risk of weight gain	MC4R	↑	2D6, 3A4/5
	Lurasidone (Latuda®)				3A4/5
	Olanzapine (Zyprexa®)	 Higher risk of weight gain	MC4R		1A2, P-gp
	Paliperidone (Invega®)	 Higher risk of weight gain	MC4R		
	Pimavanserin (Nuplazid®)				3A4/5
	Quetiapine (Seroquel®)	 Higher risk of weight gain	MC4R		3A4/5
	 Risperidone (Risperdal®)	 Higher risk of weight gain	MC4R	↑	2D6, 3A4/5, P-gp
Ziprasidone (Geodon®)				3A4/5	

 Alert/Caution
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  Drug Exposure

  [1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ANTIPSYCHOTICS					
1st Generation Antipsychotics	Chlorpromazine (Thorazine®)			↑	2D6
	Fluphenazine (Prolixin®)			↑	2D6
	 Haloperidol (Haldol®)			↑	2D6, 3A4/5
	Loxapine (Adasuve®, Loxitane®)				
	Perphenazine (Trilafon®)			↑	1A2, 2D6
	 Pimozide (Orap®)			↑	2D6, 3A4/5
	 Thioridazine (Mellaril®)			↑	2D6
	Thiothixene (Navane®)				1A2
	Trifluoperazine (Stelazine®)				1A2, UGT1A4

ANXIOLYTICS					
	Alprazolam (Xanax®)				3A4/5
	Buspirone (Buspar®)				3A4/5
	Chlordiazepoxide (Librium®)				3A4/5, UGT2B15
	Clonazepam (Klonopin®)				3A4/5
	Clorazepate (Tranxene®)				UGT2B15
	Diazepam (Valium®)				2C19, 3A4/5, UGT2B15
	Hydroxyzine (Vistaril®)				
	Lorazepam (Ativan®)				UGT2B15
	Oxazepam (Serax®)				UGT2B15
	Temazepam (Restoril®)				UGT2B15



Alert/Caution



PGx Guided Options



Reduced Drug Exposure with 1A2 Inducers



Drug Exposure



[1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ADHD MEDICATIONS					
Dopaminergic Stimulants	Amphetamine-Dextroamphetamine (Adderall®, Evekeo®)			↑	2D6
	Dexmethylphenidate (Focalin®)	 Lower odds of response	ADRA2A		
	Dextroamphetamine (Dexedrine®, Procentra®, Zenzedi®)			↑	2D6
	Lisdexamfetamine (Vyvanse®)			↑	2D6
	Methamphetamine (Desoxyn®)			↑	2D6
	Methylphenidate (Ritalin®, Concerta®, Daytrana®, Metadate®)	 Lower odds of response	ADRA2A		
Other	 Atomoxetine (Strattera®)			↑	2D6
	Clonidine (Kapvay®)				
	Guanfacine (Intuniv®)				3A4/5
SUPPLEMENTS					
	L-methylfolate (Deplin®)	 May benefit from methylfolate supplementation	MTHFR		
SLEEP MODULATORS					
	Armodafinil (Nuvigil®)				3A4/5, P-gp
	Eszopiclone (Lunesta®)				3A4/5
	Modafinil (Provigil®)				3A4/5, P-gp
	Ramelteon (Rozerem®)				1A2, 2C19, 3A4/5
	Suvorexant (Belsomra®)				3A4/5
	Zaleplon (Sonata®)				3A4/5
	Zolpidem (Ambien®)				1A2, 3A4/5

 Alert/Caution

 PGx Guided Options

 Reduced Drug Exposure with 1A2 Inducers

 Drug Exposure

 [1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
PAIN					
Non-opioid analgesics	Acetaminophen (Tylenol®)				UGT2B15
	 Celecoxib (Celebrex®)				2C9
	Diclofenac (Voltaren®, Cataflam®)				2C9
	 Flurbiprofen (Ansaid®)				2C9
	 Ibuprofen (Advil®, Motrin®)				2C9
	Ketorolac (Toradol®)				
	 Meloxicam (Mobic®)				2C9
	Naproxen (Aleve®, Naprosyn®)				2C9
	 Piroxicam (Feldene®)				2C9
Opioid analgesics	Alfentanil (Alfenta®)				3A4/5
	 Codeine[1]			↑	2D6, P-gp
	Fentanyl (Duragesic®)				3A4/5, P-gp
	 Hydrocodone[1] (Vicodin®, Norco®, Lorcet®)			↑	2D6, 3A4/5
	Hydromorphone (Dilaudid®)				
	Meperidine (Demerol®)			↑	2B6, 3A4/5
	Methadone (Dolophine®, Methadose®)			↑	2B6, 3A4/5
	Morphine (MS Contin®, Kadian®)				P-gp
	 Oxycodone (Oxycontin®)			↑	2D6, 3A4/5, P-gp
	Oxymorphone (Opana®)				
	Tapentadol (Nucynta®)				
 Tramadol[1] (Ultram®)			↑	2D6, 3A4/5, P-gp	



Alert/Caution



PGx Guided Options



Reduced Drug Exposure with 1A2 Inducers



Drug Exposure



[1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
MISCELLANEOUS					
	Dextromethorphan/Quinidine (Nuedexta®)			↑	2D6, 3A4/5
	Baclofen (Lioresal®)				
	Buprenorphine/Naloxone (Suboxone®)				3A4/5
	Buprenorphine (Butrans®)				3A4/5
	Cannabidiol (CBD) (Epidiolex®)				3A4/5, 2C19
	Carisoprodol (Soma®)				2C19
	Cyclobenzaprine (Flexeril®)				1A2
	Deutetrabenazine (Austedo®)			↑	2D6
	Metaxalone (Skelaxin®)				
	Methocarbamol (Robaxin®)				
	Naltrexone (Revia®, Vivitrol®)				
 	Phenytoin/Fosphenytoin (Dilantin®, Cerebyx®)				2C19, 2C9, P-gp
	Tizanidine (Zanaflex®)				1A2
	Valbenazine (Ingrezza®)			↑	3A4/5, 2D6

 Alert/Caution

 PGx Guided Options

 Reduced Drug Exposure with 1A2 Inducers

 Drug Exposure

  [1] See Gene Drug Interaction Summary footnotes for more information

GENE DRUG INTERACTION SUMMARY FOOTNOTES

[1] Prodrug or highly active metabolite - requiring activation by the liver; CYP450 IMs/PMs may experience lower efficacy due to reduced conversion to the active metabolite and higher levels of the parent drug; CYP450 UMs may experience increased conversion of the parent drug, and higher levels of the active metabolite

 Medication has FDA biomarker guidance available

- <https://www.fda.gov/media/124784/download>

 Medication has CPIC® or DPWG biomarker guidance available

- <https://cpicpgx.org/guidelines/>
- <https://www.pharmgkb.org/page/dpwg>

*References for the drug interaction summary are available upon request

IV. DEPRESSION SUMMARY

	Alert / Caution	Standard Options	PGx Guided Options
SSRIs			Citalopram 
			Escitalopram 
		Fluoxetine  	
		Paroxetine  	
SNRIs		Desvenlafaxine	
		Duloxetine 	
		Levomilnacipran	
		Venlafaxine 	
Other		Bupropion[1] 	
		Mirtazapine 	
		Nefazodone	
		Trazodone 	
		Vilazodone	
		Vortioxetine 	
TCAs		Amitriptyline 	
		Amoxapine 	
		Desipramine 	
		Doxepin 	
		Imipramine 	
		Nortriptyline 	
		Protriptyline 	
		Trimipramine 	

-  Weight Gain
-  Ethnic Dependent Response
-  Decreased Efficacy
-  Increased Efficacy
-  Decreased Sensitivity
-  Increased Sensitivity
-  Do Not Initiate
-  Side Effects Risk
-  Drug Exposure
-  Reduced Drug Exposure with 1A2 Inducers
- [1] Prodrug

IV. DEPRESSION AUGMENTATION SUMMARY

Alert / Caution		Standard Options				PGx Guided Options			
Aripiprazole ↑ 									
Brexipiprazole ↑ 									
		ECT							
		Esketamine ↑							
		Exercise							
						Methylfolate			
Olanzapine/Fluoxetine ↑ 									
		Phenelzine							
		Quetiapine 							
		Selegiline ↑							
		TMS							
		Tranlycypromine							
		VNS							

-  Weight Gain
-  Decreased Efficacy
-  Decreased Sensitivity
-  Do Not Initiate
-  Drug Exposure
- [1] Prodrug
-  Ethnic Dependent Response
-  Increased Efficacy
-  Increased Sensitivity
-  Side Effects Risk
-  Reduced Drug Exposure with 1A2 Inducers

V. TEST METHODOLOGY/LITERATURE REFERENCE

TEST METHODOLOGY

This test was developed and performance characteristics were validated in the Genomind clinical laboratory. This test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). This test is used for clinical purposes and should not be regarded as investigational or for research use. This laboratory is certified under the Clinical Laboratory Improvement Amendments (CLIA) as qualified to perform high complexity clinical laboratory testing. Genomind performed the testing using standard and custom TaqMan reagents for all variants. The test results are intended to be used as prognostic and not diagnostic and are not intended as the sole means for patient management decisions.

Test Methodology Limitations: Factors influencing the amount and quality of DNA extracted include but are not limited to the amount of buccal cells extracted, patient oral hygiene, collection technique, and the presence of dietary or microbial sources of nucleic acids and nucleases. DNA quality and quantity are subject to matrix dependent influences. PCR inhibitors, extraneous DNA and nucleic acid degrading enzymes are all factors which may affect the evaluation of assay results. Some single nucleotide polymorphism (SNP) assays are problematic due to multiple base repeats and other sequence aberrations which may hinder proper amplification and analysis. DNA purity can influence the assay. SLC6A4 contains many polymorphisms and the assay was developed and validated according to the current available scientific information. For pharmacogenetic tests like Genomind PGx, undetected genetic and/or non-genetic factors such as drug-drug interactions may impact the phenotype. The Genomind PGx report is based on a current understanding of the clinical relevance of the variant identified, penetrance, phenotype predictions, and recurrence risks.

Variants tested include 5HT2C rs3813929; ABCB1 C3435T rs1045642; ABCB1 rs2032583; ADRA2A rs1800544; ANK3 rs10994336; BDNF rs6265; CACNA1C rs1006737; COMT rs4680; CYP1A2 *1B, *1C, *1D, *1E, *1F, *1K and *11; CYP2B6 *4, *5, and *6; CYP2C19 *2, *3, *4, *5, *6, *7, *8, *9, *10, *17, and *35; CYP2C9 *2, *3, *4, *5, *6, *8, *11, *13, and *27; CYP2D6 *2, *3, *4, gene deletion (*5), gene duplication, *6, *7, *8, *9, *10, *11, *12, *14, *15, *17, *29 and *41; CYP3A4 *22; CYP3A5 *3, *6, *7; DRD2 rs1799732; GRIK1 rs2832407; HLA-B*15:02 presence and HLA-A*31:01 presence detected by qPCR; HTR2A rs7997012; MC4R rs489693; MTHFR rs1801131 and rs1801133; OPRM1 rs1799971; SLC6A4 rs25531 and rs63749047; UGT2B15 rs1902023; and UGT1A4 rs2011425. Other known variants that are not listed are not detected and will not be included in the test report.

Version 3.0 [02/08/2021]

LITERATURE REFERENCES

THE LITERATURE INFORMATION UPON WHICH THIS REPORT RELIES WAS AGGREGATED AND REVIEWED BY GENOMIND, INC. SUMMARIES OF THESE NUMBERED REFERENCES BELOW ARE AVAILABLE UPON REQUEST OF GENOMIND'S COMPREHENSIVE LITERATURE SUMMARY [V2019-05].

Gene	References
5HT2C	10-24
ADRA2A	25-33
ANK3	34-57
BDNF	58-78
CACNA1C	34, 37-39, 42, 47-55, 79-97
COMT	28, 98-131
DRD2	132-138
GRIK1	139-143
HLA-A *31:01	145-149
HLA-B *15:02	146-147, 150-157
HTR2A	71, 158-164
MC4R	21, 23, 165-172

Gene	References
MTHFR	173-185
OPRM1	186-197
SLC6A4	163, 198-214
ABCB1	215-233
UGT1A4	235-238
UGT2B15	238-241
CYP1A2	20, 164, 247-250, 252, 258-281, 286-288
CYP2B6	247-252, 273, 284, 288-305
CYP2C9	247-257, 261, 288, 306-312
CYP2C19	15, 242, 244, 247-252, 254-255, 273, 284, 288, 306, 311-323
CYP2D6	15, 20, 244-245, 247-252, 254-255, 258, 261, 273-274, 288, 306, 311-314, 322, 324-344
CYP3A4/5	15, 20, 247-252, 258, 261, 273-274, 282-285

VI. PATIENT DRUG METABOLISM CARD

Your Patient Drug Metabolism wallet card includes information on six liver enzymes that are responsible for the metabolism of most drugs, and identifies your unique enzyme profile (your genotype). It is intended for use by your current, additional or future healthcare providers. This genetic information is mentioned in the FDA prescribing information of many drugs, and may provide useful prescribing recommendations. The websites on the back of the card provide more information.

		Bob Sample	
Patient Drug Metabolism Card		#0000096272	
Gene	Genotype	Phenotype	Clinical Meaning*
CYP1A2	*1A/*1A	Extensive	Normal Metabolism
CYP2B6	*6/*6	Poor	↓ Metabolism of some drugs
CYP2C19	*1/*1	Extensive	Normal Metabolism
CYP2C9	*1/*1	Extensive	Normal Metabolism
CYP2D6	*4/*4	Poor	↓ Metabolism of some drugs
CYP3A4/5	*1/*1, *7/*3	Normal	Normal Metabolism

 The Science Behind Better
 Issued Date: 02/16/2022

FOR USE BY HEALTHCARE PROFESSIONALS ONLY

Most medicines are metabolized by liver enzymes. Like blood types, you have a specific genetic profile which can affect the rate of metabolism, and may influence the dose of medicines prescribed for you. You may wish to inform your healthcare provider(s) about your metabolism status, shown on the reverse. More information about specific gene/drug interactions can be found at:

<https://drug-interactions.medicine.iu.edu/Clinical-Table.aspx>
<https://www.pharmgkb.org/guidelines>
<https://www.fda.gov/media/124784/download>

***Do not discontinue or change the dose of any medicine without the advice of your healthcare provider. In addition to genetics, other factors may influence your metabolizer status.**



		Bob Sample	
Patient Drug Metabolism Card		#0000096272	
Gene	Genotype	Phenotype	Clinical Meaning*
CYP1A2	*1A/*1A	Extensive	Normal Metabolism
CYP2B6	*6/*6	Poor	↓ Metabolism of some drugs
CYP2C19	*1/*1	Extensive	Normal Metabolism
CYP2C9	*1/*1	Extensive	Normal Metabolism
CYP2D6	*4/*4	Poor	↓ Metabolism of some drugs
CYP3A4/5	*1/*1, *7/*3	Normal	Normal Metabolism

 The Science Behind Better
 Issued Date: 02/16/2022

FOR USE BY HEALTHCARE PROFESSIONALS ONLY

Most medicines are metabolized by liver enzymes. Like blood types, you have a specific genetic profile which can affect the rate of metabolism, and may influence the dose of medicines prescribed for you. You may wish to inform your healthcare provider(s) about your metabolism status, shown on the reverse. More information about specific gene/drug interactions can be found at:

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