



Talking to your healthcare provider about Genomind's Pharmacogenetic (PGx) Test

Help your healthcare provider understand your need for a more personalized approach.

While completing this form is optional, take the time to assess your current treatment plan prior to your appointment.

- I have health concerns that are not being relieved by my current treatment plan.**
List any symptoms or health concerns you experience as well as any official diagnoses.

- I am concerned about my medication plan.**
List all medications you have previously or are currently taking and dosages if known. Include prescriptions, vitamins, and OTC medications.

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- I have previously or am currently experiencing negative side effects from my medications.**
List any side effects you have or are experiencing.

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- I am interested in genetic testing.**

Vocabulary to know

Familiarize yourself with these relevant terms before your appointment to help facilitate your discussion.

Your PGx test results might mention these terms. Here's what they mean.

Pharmacogenetics (PGx)

FAR-muh-koh-jeh-NET-tix

pharmacology (the science of drugs) + genetics (the study of genes); explores how an individual's genetics may influence their response to drugs

PGx explores genes related to two categories: pharmacokinetics and pharmacodynamics.

Pharmacokinetics

FAR-muh-koh-kih-NET-tix

a drug's journey in to, through, and out of the body; what your body does to a drug

Knowledge of your pharmacokinetic gene variations can help guide personalized dosing decisions.

Pharmacodynamics

FAR-muh-koh-die-NAM-ix

the study of the biological effects of drugs on the body; what a drug does to your body

Pharmacodynamic gene results can inform on your risk of side effects and/or likelihood of responding to specific drugs.

Precision medicine

a personalized approach to prescribing that considers factors such as environment, lifestyle, habits, behaviors, and genetic or molecular profile

Genomind's solutions allow your provider to take a precision medicine approach to your treatment.

Deoxyribonucleic acid (DNA)

the unique code found in all humans (and most living organisms) that carries information about that organism

Our DNA is 99.9% the same from person to person, and it's the 0.1% difference that can affect your response to medications.

Gene

unit of hereditary information within DNA

Genomind's PGx test analyzes 24 selected genes that have been shown to have implications for response and/or tolerability to certain drugs.

Genetic variant or mutation

one of several possible DNA sequences within a gene

Gene variants are responsible for individual genetic differences.

Adverse drug event

a situation in which you are harmed by a medication or a combination of medications, e.g. a side effect

PGx testing is designed to reduce the risk and incidence of adverse drug events.

Adherence

the continued practice of taking a medication as prescribed

PGx testing with Genomind has been associated with increased medication adherence.

Efficacy

effectiveness; the ability of a drug to produce the desired beneficial effect

PGx testing with Genomind has been associated with increased likelihood of symptom relief.

Reference these talking points to inform your healthcare provider of Genomind PGx

What it is

Genomind PGx is a genetic test that assesses how genetics may impact medication tolerability, response, and metabolism. The test provides guidance across numerous health conditions such as depression, anxiety, ADHD and more.

Benefits

PGx testing is a tool intended to supplement other information from a complete medical assessment. It is designed to:

- Reduce the likelihood of side effects
- Increase adherence
- Improve the care experience
- Increase the likelihood of symptom relief
- Reduce healthcare costs

PGx testing cannot determine “the perfect drug” – it can aid your provider in drug selection and dose decisions.

Easy testing process

- Samples collected via quick and painless cheek swab
- Can be done at home or in your provider’s office
- Results are delivered in 3-5 business days
- User-friendly portal to access and view reports

Support at every step

Unlimited complimentary expert consultations to help your provider understand test results.

87%
patients saw measurable symptom improvement

Brennan FX et al. Prim Care Companion CNS Discord 2015: 17(2)

300+
drugs contain FDA warnings, dosage recommendations or drug-drug interaction guidance based on specific gene variants



For your healthcare provider:

Deliver targeted and personalized care.



Register to order Genomind PGx today.
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